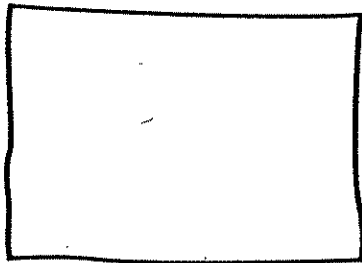


CLOTHING OF THE GREEKS - 3

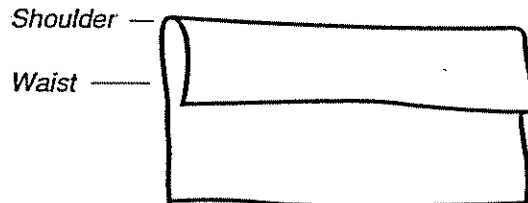
Instruction for the chiton

1. Find a fairly decent white sheet which would fit a twin-size bed. If you are over 5'3" or so, a double-size sheet would be better.
2. Lay the sheet lengthwise and fold over the top, about a third, for the desired shoulder-to-leg length. Fold in half.
3. Find one or two clasps (large safety pins) and fasten the front and back portions of the material so it is full and loose (or fasten the two pieces over just one shoulder and let the other shoulder be bare).
4. Locate a cord to cinch in the material at the waist, and to tuck in material if the chiton drags on the ground.

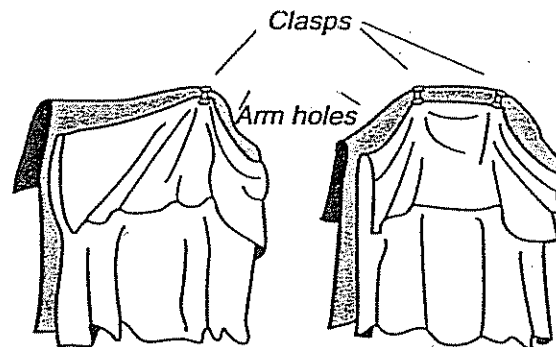
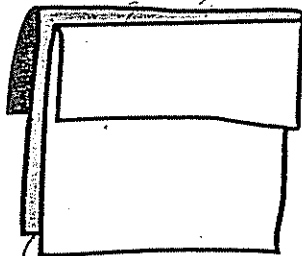
Lay the sheet lengthwise.



Fold over the top for desired shoulder-to leg length.



Fold in half.



Fasten in the two places at the top.

5. To finish, decorate with traditional Greek embroidery at the hemline and at the neck and arm holes. Here is an example of a Greek design pattern to consider using. (*Consider researching others.*)



Maroon-colored vinyl-coated adhesive tape is advised. In a pinch, electrical tape with do. Another possibility: cut a pattern of embroidery from colored felt, bias tape, or quilt binding and glue it on the material with Elmer's-type glue.